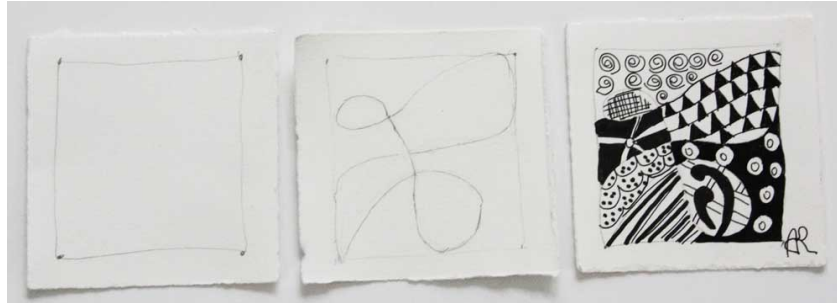


## Zentangles

A Zentangle is a miniature abstract work of art created by a collection of patterns.



It is typically done on a 3 ½" x 3 ½" paper "tile" using a pencil and a black pen. The small size allows for a work of art that can be completed in a relatively short period of time. The "zen" part of it is that it can be a very relaxing and meditative experience.

The size of the artwork can be any size, and color can be added as well. You can use any size paper you like.

Use a black pen that has a fine tip.

### DIRECTIONS:

1. Using a pencil, put a small dot in the each of the corners of your paper.
2. Connect the dots with a line, not necessarily a straight one though.
3. Using the pencil, sort of "scribble" in some lines, going this way and that, until you have created several spaces on the paper.
4. Using your black pen, create a different pattern in each one of the spaces that you have drawn with your pencil.
5. If you like, do some shading with a pencil.
6. Zentanglers create a signature of sorts, most use initials, and put these in the bottom right hand corner of their Zentangle. Give your work a title and date on the back.

