

## Science Gr1 – Lesson 1 Rainforest Foods

Curriculum: Literacy; Science

Learning Goals:

- Develop curiosity and ask questions
- Make observations using your senses (taste, smell, touch)

Materials:

- Variety of foods exported from the rainforest (see image below) (\*Please ensure you consider any food allergies and avoid them.)

Activities:

These foods are all grown in the rainforest.



If you have a coconut, try touching it. What does it feel like?

How about a papaya or ginger root?

Here is an experiment to try out using your sense of taste. (\*Please be aware of any allergies and avoid that product)

In this test, try something new. Touch it first to check out the skin; notice the colour.

Cut up the fruit or vegetable and notice what is inside.

As scientists need to be brave about new things, take a small taste of something. You may not be sure if you like it or not but these are safe scientific tests. For example, you might try papaya and coconut milk.

What did it taste like?

Were you surprised about any of the tastes?