

## **Explorations**

**Grade Level: 1/2**

**Curricular Area: Visual and Performing Arts**

**Title of Lesson: Playing with Sounds**

**Gr. 1/2**

- Can you write about one of your favourite songs and why it's one of your favourite songs? Can you talk about elements of music such as pitch (high/low), tempo (fast/slow), and dynamics (loud/soft)?
- Go outside, close your eyes, and listen. Think about what sounds you can hear. Then write a list of all the things that you could hear.
- Compose your own piece of music to from instruments/objects that you have at home. Maybe consider expressing in your music the thoughts and feelings you've experienced since you've been at home away from school. Maybe get family members to help by playing other instruments/objects at the same time. If possible submit a recording of your composed music.