

## Kindergarten – Life Cycles

### Lesson Instructions for Parents/Guardians

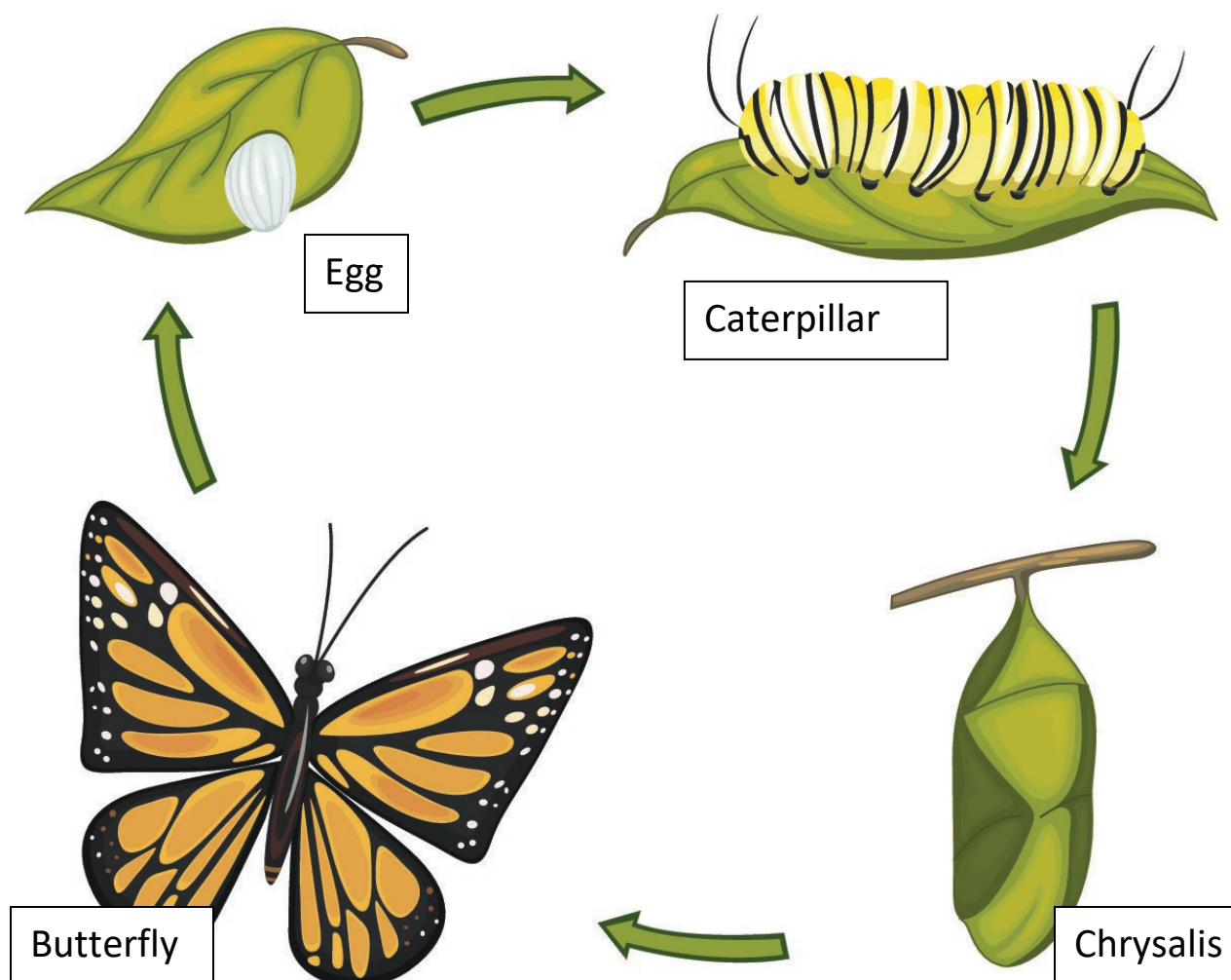
#### Know – What do I already know about life cycles?

To start this lesson, discuss aging – what happens to us when we get older? How is a baby different from a child? How is a child different from an adult?

Explain that all living things go through different stages in their lives.

#### Example: Life Cycle of a Butterfly

With your child, look at the image of a butterfly's life cycle. Point to each stage and say its name.



## Do – Explore to learn more about Life Cycles

[Watch this video from SciShow Kids about how a caterpillar becomes a butterfly.](#)

While you are watching, pay to:

- The 4 stages of their life – what is this called?
- What happens during each stage?

[Next, read this National Geographic Kids article about Monarch Butterflies.](#)

Talk about the reasons why Monarch butterflies migrate. How is this part of their lifecycle?

## Understand – Put together what I have learned to further my knowledge of Life Cycles

Help your child to illustrate their own life cycle diagram using the handout on the next page.

Ask:

- What is the first stage of a butterfly life cycle?
  - Egg

Next, draw the egg stage of the life cycle – be sure to include a nice green leaf 😊

Ask:

- What have you learned about the egg stage?

Follow the same steps for stages 2, 3 and 4 of the butterfly life cycle.

Name: \_\_\_\_\_ Date: \_\_\_\_\_

# FOCUS ON A CYCLE

Topic: \_\_\_\_\_

