

**Grade Level:** 2 - 3

**Curriculum:** Explorations, Career Education, ADST

**Title of Lesson:** Yes, Let's!

**Learning Goals/Objectives:**

- Skills can be developed through play.
- Everything we learn helps us to develop skills.
- Effective collaboration relies on clear, respectful communication.

**Materials Needed:**

- A partner, parent, sibling or other family member to play with!
- A mirror

**Activity Instructions: (Step by Step)**

- Start by looking in a mirror at yourself.
- Take your left index finger and place it lightly on the tip of your nose.
- Take your right index finger and place it on your left earlobe.
- Count 3....2....1.....Switch! Move your left index finger to your right earlobe, and your right index finger to the tip of your nose
  - Keep switching your fingers back and forth on the count of 3.
  - Once you get comfortable, start to increase the speed
    - Switch every 2 seconds, then 1 second, then as fast as you can!
- Once you have mastered this, try teaching this game to a family member or friend. Instead of looking in the mirror, stand facing your partner.
  - Pretend that your partner is your reflection, so you must do as they do
  - As you get faster, you can begin to add in new movements, such as clapping, pointing to your knees, touching a foot, of whatever else you would like to do
- Try sharing your game with other people and see what new movements they can share!
- Watch this video to learn the game, Yes, Let's!
  - <https://www.youtube.com/watch?v=nr3gmOpETKA>

**Extension:**

- If you have a larger group of family, try this game, called Flocking!
  - [https://www.youtube.com/watch?v=C\\_7esQ08tGE](https://www.youtube.com/watch?v=C_7esQ08tGE)