

**Lesson 4: Positive Personal and Cultural Identity**

**The Giant Who Cried Waterfalls – Part 2**

## Personal Values

Values are standards that motivate you to act as you do and by which you judge behaviour (both yours and others). Values signify what is important and worthwhile to each person or group of people. Individuals have their own values based on many aspects of their **personal and cultural identity**, including family, religion, peers, culture, social background, gender, experiences, etc. Values should always result in choices that are respectful of other peoples values and choices and not prejudiced against others based on race, wealth, personal situations, gender, or sexual orientation.

Before continuing the story, think about your own values. Which values are most important to you, based on your **personal and cultural identity**? Read the list below and choose your top five.

- 1. Being an honest person**
- 2. Being adventurous**
- 3. Continuing to learn and gain knowledge**
- 4. Helping others (especially sick, disadvantaged, lonely, or elderly)**
- 5. Being nice looking**
- 6. Following the faith of my family**
- 7. Equal opportunity for all people**
- 8. Accomplishing something that helps the world**
- 9. Persevering without giving up easily**
- 10. Respecting diversity and the right for people to choose their own beliefs, personal identities, and ways of living (as long as they are not hurting others and within the human rights code).**
- 11. Looking out for myself**

Now complete the *Personal Values and Choices* activity

## The Giant Who Cried Waterfalls



Story by Stuart B Baum  
Illustrations by Zoë M. Baum

## Personal Values and Choices – TOP FIVE

Directions: Create your own top 5 list. From the values in the lesson, what are the top 5 most important for you in your own life?

1.

2.

3.

4.

5.

Tell about how one or more of these values impacted a decision or choice you had to make.

When we left off in the story, "The Giant Who Cried Waterfalls", Bonnie had disobeyed her parents by going to the top of the mountain. In real life, this could have turned out quite badly for her. Thankfully, it is "just a story". It does tell us, though, that Bonnie seems to value being adventurous more than she values being an honest person.

As you read the remainder of the story, think about what "Bonnie's Top Five Value List" would have on it. You will create a list for her and support your choices with evidence from the story.

**Now complete the "Bonnie's Top Five Value List" activity**

### **Bonnie's Top Five Values List**

**Directions:** Create Bonnie's top 5 list. Based on the story, what are the top 5 most important values for Bonnie? Support each choice with evidence. Point form evidence is acceptable for this assignment.

<b>Value</b>	<b>Evidence from the story</b>

Explain, in a paragraph, one example of how Bonnie's values impact her decisions. Be sure to use capitals and punctuation.