

**Grade Level:** K - 1

**Curriculum:** Explorations, ADST, Art

**Title of Lesson:** Dot.

**Learning Goals/Objectives:**

- Skills can be developed through play
- Stories and texts help us learn about ourselves and our families
- Language and story can be a source of creativity and joy

**Materials Needed:**

- Computer and internet access
- Pencil, paper and colouring supplies

**Activity Instructions: (Step by Step)**

- Watch “Dot.” By Randi Zuckerberg [HERE](#)
- At the end of the story, it says that Dot learned a lot! What do you think Dot learned? What do you notice in the pictures in the first half of the story compared to the second half of the story?
- Do you do some of the same things as Dot does in the first half of the story?
  - What are some of the things you like to use technology for?
  - What are some of your favourite activities that don’t use technology? Which ones do you go outside for? Which ones do you stay inside for?
  - Have you ever taken a whole day to reboot, recharge and restart?
    - What would your reboot day look like? What things would you do? Who would you spend your day with?
    - Draw a picture that shows all of the things you would do on your reboot day. In your picture make sure to show yourself, and anyone else who would be with you!
      - With the help of someone in your home, write a sentence about your special day!

**Extensions (Optional):**

- Turn your reboot day into a story! Tell your story from the time you wake up until the time you go to sleep! What do you eat, where do you go, what do you do all day?!