

Core Competencies: Personal Social – I am unique

Curriculum: Personal Social -Positive Personal and Cultural Identity	Learning Goals: I can identify things that make me ME-unique, special and with strengths
---------------------------------------------------------------------------------------	----------------------------------------------------------------------------------------------------

Materials

- Blank piece of paper
- Pencil
- Art materials for colouring

Activities



1. Watch [It's Okay to be Different](#) by Todd Parr
2. Make a self- portrait- Draw yourself. What makes you different from other people? In your self-portrait draw AT LEAST one way you are different. We can be different in so many wonderful ways:
 - How we think
 - Things we like to do
 - People in our families
 - Pets we have
 - How we like to dress
 - What we like!
3. Share your self-portrait with a family member. Ask them about a difference they have that makes them special and unique.

Extension:

- Watch the read aloud [All Welcome Here](#) by Alexandra Penfold. Add to your self portrait, drawing in your friends and classmates beside you.