

Core Competencies: Personal Social – I am unique PART 2

Curriculum: Personal Social -Positive Personal and Cultural Identity	Learning Goals: I can identify things that make me ME-unique, special and with unique strengths, feelings, thoughts and worries
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Materials

- Pencil
- Art materials for colouring
- IF AVAILABLE a printer to print the attached activity, OR;
- Blank piece of paper

Activities



I Am.

1. Think about what makes you YOU. Have a parent print the attached activity **or** draw it on a piece of paper.
2. In each box draw your thoughts about the sentence. If you want to write words you can as well.
3. Share your 'I Am' poem with your family.

Extension:

1. Watch [The Day We Begin](#) by Jaqueline Woodson. She asks the question: What makes you so fabulously different from everyone else?

I am poem

<p>I am...</p> <p>(a very special characteristic about you)</p>	<p>I wonder...</p> <p>(something you are curious about)</p>
<p>I want...</p> <p>(a desire you have)</p>	<p>I worry...</p> <p>(something that bothers you)</p>
<p>I dream...</p> <p>(something you hope for)</p>	<p>I am...</p> <p>(a very special characteristic you have)</p>

