

Lesson Title: Alien Walk, Adapted from the Walking Curriculum by Gillian Judson

Grade: 6/7

Lesson Time: 60 minutes

You will need:

- Your eyes, body and maybe a raincoat!

Lesson:

Today, you will be getting outside! Go for a walk in your community. If you can't go alone, wait for a day for an adult to come with you. Together or alone, engage in the following:

You are now an ALIEN! You have been tasked to scout out a new planet to live on. Your job is to go outside with a pen and paper. You should imagine that your “walk” is actually your “flight” to a new undiscovered planet. At one point you should stop and drop to sit. You should then imagine that what you are looking at right in front of you and around you is new land—you must report back on what they see, smell, hear, touch etc. What is odd about the activity you observe going on around you? What is appealing about this place for life?

If you want to please your “masters” you need to become “hoarders” of particular things. Every detail counts!

How will this place be appealing or the opposite if they are very large—twice as big a tyrannosaurus rex—or very small—the size of a grain of rice?