

Core Competencies: Personal Social – I am unique

Curriculum: Personal Social -Positive Personal and Cultural Identity	Learning Goals: I can identify things that make me ME-unique, special and with strengths
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Materials

- Blank piece of paper
- Pencil
- Art materials for colouring

Activities



1. Watch [The Day We Begin](#) by Jaqueline Woodson. She asks the question: What makes you so fabulously different from everyone else?
2. Make a self- portrait- Draw yourself. What makes you different from other people? In your self-portrait draw AT LEAST one way you are different. We can be different in so many wonderful ways:
How we think Our culture
Things we like to do Food we eat
People in our families Countries where we live or lived
Pets we have Languages we speak
How we like to dress Music we like
What we like!
3. Share your self-portrait with a family member. Ask them about a difference they have that makes them special and unique.

Extension:

Think about your community. Write a memory when you felt your difference was celebrated. Who saw that you were 'fabulously different'? Who supports you to be different? Do you celebrate other people in their difference?