

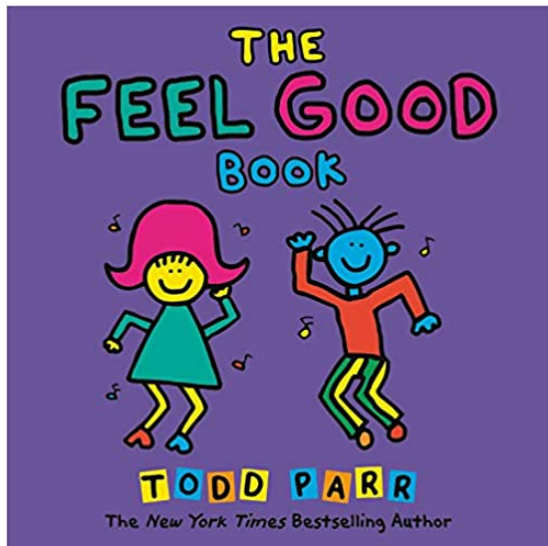
# THE FEEL GOOD BOOK

## MAKING A THANK YOU CARD OR COUPON

Using language in creative and playful ways helps us understand how language works.

Language and story can be a source of creativity and joy.

Through listening and speaking, we connect with others and share our world.



### GATHER MATERIALS

- Paper
- Drawing and writing tools
- Alphabet chart

### LISTEN AND IMAGINE

Listen to author and illustrator Todd Parr read The Feel Good Book

- Listen to him share his Things To Do To Make You Happy activity book.

### CREATE AND SHARE

- Has someone made you feel good? Why not write them a “thank you” note.
- Use paper or construction paper and fold the paper in half.
- Write “You made me feel good!” with a Todd-Parr like illustration on the front.
- Inside, write why it made you feel good on one side and a big “Thank You!” on the other side.
- Sign your name, then give it to the person who made you feel good, making that person feel good in return!
- Or create your own “feel good” coupons for someone!



### GO BEYOND

Download Todd's activity book [here](#).  
You can work on it in your own time and add to it throughout the year!