

## Grade 7 English Language Arts

Week of January 18 – January 22

### Lesson 5: Bio Poem

**A bio-poem highlights biographical information about a subject, including their experiences, relationships, hopes, and interests.**

Here is an example:

Jackson  
Friendly, silly, athletic, tall  
Son of John and Brenda  
Who loves chocolate chip ice cream, the Grizzlies, and Saturdays  
Who feels happy, tired, and lucky  
And who is scared of tests, thunderstorms, and failure  
Who learned how to shoot a three-point shot and won a basketball trophy  
Who hopes to see an NBA game and make his parents proud  
Lives in Memphis, Tennessee  
Tillman

Source: <https://www.facinghistory.org/resource-library/image/student-bio-poem-example>

## 4.4 Bio-Poem

### Bio-Poem Step 1: Brainstorming ideas

1. List at least seven adjectives that you would use to describe yourself.

---

2. List three important relationships in your life (e.g., friend, brother, daughter, or nephew).

---

3. List five things that you love.

---

4. List five memories you have and describe how you felt at those times.

---

---

---

---

5. List five of your fears.

---

---

---

---

6. List three accomplishments.

---

---

Adapted from: Facing History and Ourselves and Memphis Public Schools. "Identity and Community: An Introduction to Sixth Grade Social Studies." Copyright © 2008 by Facing History and Ourselves Foundation, Inc. <http://www.facinghistory.org/resources/units/identity-community> Example: Martin Proud, courageous, eloquent, wise Leader to millions Who loved nonviolence, god, and humanity Who felt outraged by hate and prejudice And who was inspired by acts of kindness Who gained greater dignity for his people And hoped everyone could leave in peace He lives in our hearts Luther King, Jr.

7. List five wishes or hopes.

---

---

---

---

8. Where do you live?

---

Step 2: Use your answers to the above questions to help you write your bio-poem. Use the example in our course and the The Bio-poem Structure below to write your poem.

(Line 1) First name

(Line 2) Three or four adjectives that describe you

(Line 3) Important relationship (e.g., daughter of . . . , friend of . . . )

(Line 4) Two or three things, people, or ideas that you love:

(Line 5) Three feelings you have experienced

(Line 6) Three fears you have experienced

(Line 7) Accomplishments (e.g., who won . . . who performed . . . who learned . . . )

(Line 8) Two or three things you want to see happen or want to experience

(Line 9) Your residence

(Line 10) Last name:

[https://digitalcommons.trinity.edu/cgi/viewcontent.cgi?article=1253&context=educ\\_understandings](https://digitalcommons.trinity.edu/cgi/viewcontent.cgi?article=1253&context=educ_understandings)