

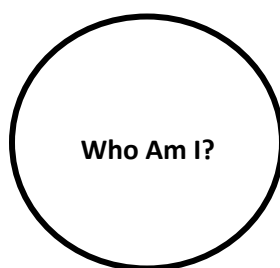
Grade 7 Literacy
Week of January 4 – January 8

Lesson 5: Who Am I? (On the Inside)

Who Am I on the inside?

Your external identity and your internal identity are deeply intertwined, but your internal identity has more to do with your thoughts, emotions, preferences, and personality, instead of your social groups. You may consider yourself to be “sensitive” or “tough” emotionally, for example. You may prefer to read a book instead of play soccer. You may consider yourself impulsive, or instead you may consider all your options carefully before making a decision.

Complete the following mind map about who you are on the outside. Draw lines out from the circle in the middle of the page.



Take a look at this list of internal identity identifiers. (This is NOT a complete list—the number of internal identifiers is huge!)

*outgoing	*quiet	*traditional	*organized	*confident	*energetic
*distant and cool	*emotional	*affectionate	*noisy	*aggressive	*athletic/physical
*quick to anger	*friendly	*tired	*approachable	*positive	*shy
*not confident	*hardworking	*depressed	*reliable	*caring	*neat
*trustworthy	*loyal	*a good friend	*artistic	*I love animals	*logical
*polite	*talented	*formal	*a gossip	*verbal	

Now, review your internal identity mind map. Is there anything you'd like to change or add?