

## Core Competencies: Personal Social – Outdoor explorers 2

<b>Curriculum: Personal Social</b> <b>-Social Awareness and Responsibility</b>	<b>Learning Goals:</b> I am developing awareness of the physical and natural environment around me
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### Materials

- access to the outdoor environment
- a trusted adult or family member to go for a walk with
- pencil and paper or notebook

### Activities



Let's get outside! The activities below come from "How to be an explorer of the world: Portable Life Museum" by Keri Smith. Choose at least one of the activities below to really notice, appreciate and gain awareness for your surroundings. If you can't get into a park or green area, you can do these activities on your front porch, deck, in your backyard or wherever you are outside. Be sure to take a trusted family member with you on your explorations!

EXTENSION: Check out [Keri Smith's website](#) and all her explorations and illustrations!

**Choose one or many of the following explorations (adapted from How to be an explorer of the world):**

- 1. First thing you see:** Go out and look around. Start a collection based on the first object you find on your walk. As you collect things decide what the collection is and how the objects are connected—the collection could be based on shape, colour, size, etc.
- 2. Art:** Go out find a collection of things—lots of leaves, or rocks, or sticks or anything you find a lot of. Make a sculpture! Either glue it together or take a photo.
- 3. Archaeological dig:** Collect objects inside and/or outside that relate to or inspire a memory- an event with your friends or family, a party or activity you enjoyed. Recreate the scene with your objects and available materials (such as cardboard, glue, string, tape, leaves, wood, rocks, whatever you find!). Make a miniature scene of your memory!
- 4. Water:** On a rainy day or just after, study and document shapes made by water. Document using pictures, photos, or talking to your adult you are with. Research shapes made by water.