

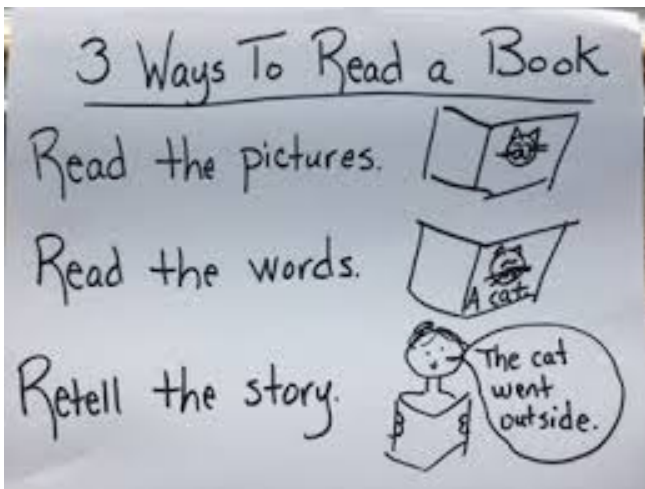
# BUILDING YOUR READING STAMINA

## READING TO YOURSELF

*Readers use strategies to make sense of what they read, hear, and view.*

*Stories can be told through pictures and words.*

EVERY DAY  
is a reading day!



### GATHER MATERIALS

- Any books that you have at home, from the public library, from friends or family, or from the online learning resource links [here](#).
- Your Readers notebook or a piece of paper
- Writing and drawing tools

### READ!

We are going to continue to work on building our "reading stamina" and increase the amount of time we spend reading each day. Remember, there are 3 ways to read a book? You can:

**Read the Words**

**Read the Pictures**

**Retell the story**

- CHOOSE the books you'd like to read.
- WATCH [video 4](#) "Read for 10 minutes" and think about the reading behaviours you need to practice to continue building your skills.
- You may choose to graph your reading minutes on a chart if you'd like.
- Start reading!

### GO BEYOND

- Draw a picture about the book you read. You could draw about your favourite part or if you are reading a non-fiction book, you could draw what you learned.

## Parent Corner

Remember:

- Reading is the most accessible and beneficial learning activity you can provide your child.
- It takes time to build reading stamina.
- Encourage your child and celebrate what they can do.
- Go slow! Talk to your child about what they are reading, the number of minutes they read, and what they like about reading.